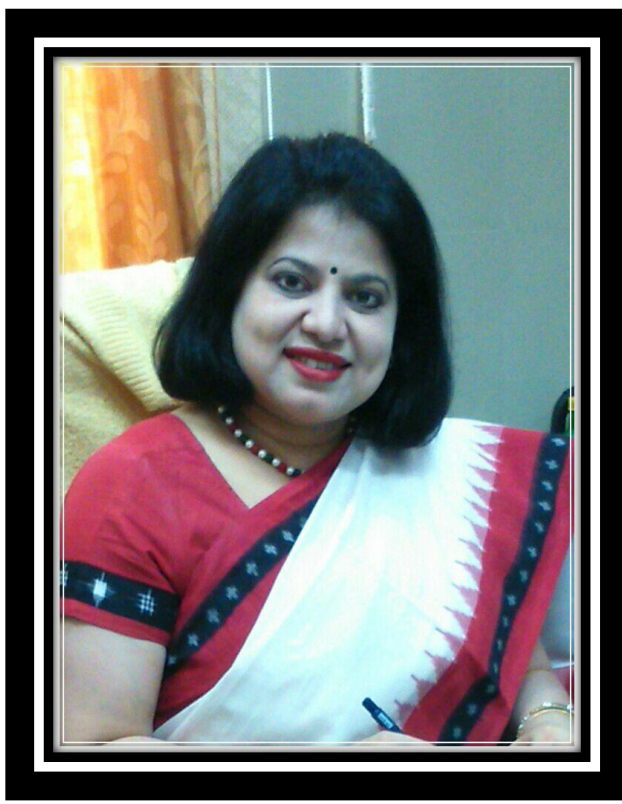


CURRICULUM VITAE



Prof. (Mrs.) Sunita Mishra
Dean and Head

School for Home Sciences
Babasaheb Bhimrao Ambedkar University
(A Central University)
NAAC Accredited 'A Grade'
Lucknow-226025
Uttar Pradesh.

PersonalData

Name : **Dr. Sunita Mishra**

Qualification : Ph.d., M.A ., B.Ed.

Designation : Professor, Dean, School for Home Sciences

University : Babasaheb Bhimrao Ambedkar University, (A Central University) Lucknow
226025

Phone No. : :0522-2995681

Email : sunitabbau@gmail.com

Mobile :9415228811

Date of birth :27/01/1969

Nationality & Religion : Indian & Hindu

Service : 25years

Field of Specialization : Food and Nutrition, Food Safety and Quality Control
Child Nutrition

Visiting Faculty Abroad -

	Academic Visit Abroad
2016	Chulalongkorn University, Bangkok
2015	Washington D.C., U.S.A., to Physicians Committee for Responsible Medicine
2008	Virginia College of Osteopathic Medicines, Blacksburg, Virginia, USA
2004	Wageningen University, Netherlands
2001	Pristina University, Kosovo and Paris University, France

EDUCATION –

Ph.D	Food & nutrition	Sambalpur University (Odisha)	2000	Highly appreciated
Post-Graduation	Food & nutrition	Utkal University	1990	First class First in the University
Graduation	Home Science	Utkal University	1988	First class second position in University
+2 (Intermediate)	Home Science	Utkal University	1985	First division

Professional Experience:

Professor 2008

Associate Professor 2004

Sr. Lecturer 1998

Lecturer 1991

Professor	Deptt. of Human Development & Family Studies, Babasaheb Bhimrao Ambedkar University (A Central University)
Associate Professor	Deptt. of Home Science MMV, Banaras Hindu University Varansi
Senior Lecturer	V.K.M., Banaras Hindu University
Lecturer	Women's College Berhampur, Shailabala Women's College, Cuttack, under Utkal University etc.

TEACHING EXPERIENCE-

25 years of teaching and research experience in Food & Nutrition and Allied Nutrition for U.G., P.G., M.Phil. And Ph.D., in Department Of Home Science, BBAU, Lucknow

RESEARCH EXPERIENCE

Actively involved in research with special references to value added food product Development, child nutrition, Food safety & Quality Control, Food Analysis, Food Toxicology.

Research work

S.No.	My Research work	Thesis	Year
1.	Ph.D	Feeding Practices and Nutritional Anthropometric Measurement of Pre School Children of Working Mother of Central Odisha.	2000

NAAC Assessment Committee Member –

S.No.	University/Institution	Event	Date
1.	S.N college, Kollam, Kerala	NAAC Assessment Member & coordinator	15/11/2015 to 18/11/2015
2.	Patna Women's College	NAAC Assessment Member & Coordinator	31/12/2015 to 2/01/2016
3.	SN DT Women's University, Mumbai	NAAC Assessment Member & Coordinator	14/12/2015 to 18/12/2015
4.	National Assessment and Accreditation Council (NAAC) Nagarbhavi, Bengaluru	NAAC Assessor	24/05/2016 and 25/05/2016
5.	JNU Govt. College, Chandigarh, Punjab	NAAC Coordinator	8/08/2016 to 11/08/2016

Published Books –

Books with ISBN No. –20

Chapter /Published in Books – 32

Manual for B.sc M.sc Home Science – 02

Manual for Diploma & Dietetics – 02

UGC Manual in Home Science - 01

Involvement in Teaching

- Started new post graduate courses in Food Science And Technology-2013-2014
- Started new graduate courses in Food Science and Technology in Satellite campus in Amethi-2016.
- Started new post graduate courses in Human Development and Family Studies 2008
- Started new diploma 1 year course in Dietetics & Nutrition-2013

Innovation and Contribution in Teaching

- **Design of curriculum:** Providing the right blend of knowledge, skill and attitude for the students using modern pedagogical means and providing particular opportunities.
- **Teaching methods:** Lectures, demonstration, practical works, group activities / discussion presentations and ICT.
- **Evaluation methods:** Assessment of assignments, internal test, regularity in attendance, participation in group discussion and presentation of papers.
- **Remedial teaching:** mentor for carrier counseling of final year students and identified slow learners and conducted remedial coaching in the required subjects and research work.
- **Student evaluation:** Maximum scores obtained from the students feedback on the question of “overall assessment of instructor” during the last 5 years (2010 - 2015) years include both PG and UG courses taught.

RESOURCE PERSON & KEY NOTE SPEAKER

Date	Institution	Topic
22/2/2017	Khwaja Moinuddin Chichti Urdu Arabi Farsi University,	National Seminar on Youth Empowerment: Issues,
17/3/2017	G.D. Goenka Public School, Lucknow	Graduation Day Function
06/3/2017	Avinashlingam Institute for Home Science and Higher Education	Women’s Diamond Jubilee Celebration
03/3/2017	Babasaheb Bhimrao Ambedkar University Lucknow	Lucknow Science Congress (LUSCON 2017)
14/2/2017	Centre for Personality Development, Babasaheb Bhimrao Ambedkar University, Lucknow	Personality Development at one month training Programme

06/3/2017	Centre for Personality Development, Babasaheb Bhimrao Ambedkar University, Lucknow	Valedictory function
31/3/2017	NIPCCD, Lucknow	Food Safety issues: Malnourishment and over nutrition
5/4/2017	Lucknow University	Food safety issues: Challenges and concern
7/3/2016	R-FRAC	Food Safety and Codex Alimentarius
8/3/2016	Khwaja Moinudding Chishti Urde Pare University	Feminist Methodology in Social Sciences.
15/9/2016	National Institute of Public Co-operation and Child Development (NIPCCD)	Single Girl Child survival
11/11/2016	Integral University	Modernization of Food Processing industries.
2015	Netaji Subhash Chandra Bose P.G. College, Aliganj, Lucknow	Empowerment of youth Issues and Challenges
2015	Khwaja Moinuddin Chishti	Women Empowerment Towards Gender Equality
2015	Maharaja Bijli Passi College, Lucknow	Skill development of Youth
2015	BBAU, Lucknow	Women Rights & Responsibilities
2015	Banaras Hindu University	Capacity Building of Teacher in Higher Education : Research how to write research proposal
2015	Lucknow University	How to enhance your personality
2015	BBAU, Lucknow	How to write Research Proposal
3/02/2014	Gosaiganj, P.G College	Women Empowerment & Violence in context to Human Rights.
8/01/2014	Bijli Pasi P.G. College Lucknow	Community Work Extension and how to enhance Community Development through skill Development Program.
8/02/2014	Neta Ji Subhash Chandra Bose Govt. Girls Degree College Lucknow.	Youth Empowerment

5/03/2014	Khwaja Moinuddin Chisti Urdu Arbi Farsi University Lucknow.	Nutrition and Health of Women
7/03/2014	B.B.AU. Lucknow	Food Safety and Quality Control
January 2014	Lucknow University	Women health nutrition and empowerment
19/1/2014	Lucknow University	Neutraceutical foods
Feb 2014	Lucknow University	Antioxidants and healing food
Feb 2014	Lucknow University	How to sharpen your communication
16/02/2011	Sam Higginbottom Institute, Allahabad	Family Satisfaction: Issues & Challenges
21/02/2011	Academic Staff college, BHU, Varanasi	Healing action of Antioxidants rich food on Health Alzheimer disease and Foods to prevent in Dementia condition
25/02/2011	Raebareli (U.P)	Women Empowerment and educational benefits of 21st Century Women.
05/03/2011	Mohammed Hassan P.G College, Jaunpur	How to make the world more women friendly
04/05/2011	Home Science College, Berhampur University, Odisha	Maternal Health Care: Knowledge, Attitude and Practices (KAP).
12/09/2011	Navin Girls College, Pandit Ravisankar University, Raipur	Current Trends of Research in Home Science
14/11/2011	Gurunanak Degree College, Lucknow	Alzheimer disease and Foods to prevent in Dementia condition
15/11/2011	NIPCID, Lucknow	Malnutrition of children, their prevention and management
24/11/2011	NCERT (RCE) Bhubaneswar	Quality dimensions of early childhood care and education: concerns and issues

Ph.D Thesis Guided

Guided – 12, Ongoing -05

Ph.D Thesis Guided and Completed (12)

S.No.	Name	University	Year	Topic
1	Roli Agarwal	B.H.U	2009	To Study The Nutritional Awarded profile of the patients with non alcoholic fatty liver diseases (NAFLD) and provide Diet counseling to them.
2	Laxmi Singh	B.H.U.	2009	To study the effect of Neem , Methie and curry leaf on patients with diabetes mellitus (type II)
3	Amrita Rao	B.H.U	2010	To assess the nutritional profile of milk in different regions and locations through modern laboratory testing in Varanasi City
4	Sweta Rai	B.H.U.	2010	Dietary management of hospitalized breast cancer patient and to give them Nutritional suggestion to assess their improved condition.
5	Vandhana Sharma	B.H.U.	2010	To study about the nutritive and psychological factors associated in peptic ulcer and give suggestions about dietary management to peptic ulcer patients.
6	Usha Balchandani	VBS Purvanchal University	2009	A study of awareness of adolescent girls towards fashion in changing environment.
7	Sarojini Padhan	BBAU	2012	Traditional food practices knowledge and social life style pattern of Adivasi women , a comparative study of Kalahandi , Nabarangpur and Koraput district , Odisha
8	Priyanka	BBAU	2013	Life satisfaction of elderly people in urban and semi urban families of Lucknow: a comparative studies.
9	Mrs. Onam Dayal	BBAU	2014	Personality development of school going children of different socio- economic group.
10	Mrs. Megha Sharma	BBAU	2016	A Study on maternal risk factor associated with low birth weight in infants
11	Mrs. Pooja Verma	BBAU	2017	Efficacy of flaxseed in the reduction of blood sugar and cholesterol .
12	Ms.Preeti	BBAU	2017	Career intervention and success among students of community college in Uttar Pradesh

Thesis Guided For M.Phil. -04

S.No.	Name	University	Year	Topic
1.	Ananya Srivastava	BBAU	2016	Formulation of Nutrient optimize bar and evaluation at various parameter
2.	Kiran Yadav	BBAU	2016	Study on knowledge about Government scheme and policies for the improvement of elderly people

3.	Anjali Rathore	BBAU	2016	Elderly well being : institutionalized and non-institutionalized sector
4.	Shilpa Singh	BBAU	2016	A study about use of ICT as an educational tool in secondary school education

M.Sc Guided 96

S.No.	Name	University	Year	Topic
1	Garima Yadav	BBAU	2015-16	Development of value added bread of pumpkin seeds flour and soya bean flour in rich with cranberry and dates
2	Monika Vashistha	BBAU	2015-16	Value added soup for the dietary management of cardiovascular disease
3	Nidhi Katheria	BBAU	2015-16	Nutritional and organoleptic qualities of barley and flax seed in corporate brown bread for aged person
4	Suman Singh	BBAU	2015-16	Value-added product of banana chips enriched with sugar powder mint and tomato and its nutritional acceptability
5	Tanuja Yadav	BBAU	2015-16	Preparation of gluten free biscuit by using glutens free flour and compared with standard biscuit
6	Shaivya Mishra	BBAU	2015-16	Value-added product by using pearl millet quinoa and prepare ready to use upma mixes
7	Shakti Chandra	BBAU	2015-16	Detection of heavy metal and toxic substances in green leafy vegetables at the lucknow area
8	Nikita Srivastava	BBAU	2015-16	A study on recreational issue time activity for elderly people

Collaboration

- A Memorandum of understanding was signed **NIPCCD LUCKNOW** on 20th, Feb 2014. Our Postgraduate students underwent one month training under the (NIPCCD), **Government of India** in the year 2014- 2015.
- Collaboration with **JAGARANI HOSPITAL LUCKNOW**, our Postgraduate students underwent professional courses on **Health Science Lucknow** for 6 weeks in Lucknow.
- Collaboration with **(CIMAP)** for research work.
- Collaboration with **UPCAR**, ((Uttar Pradesh Council of Agricultural Research for research and project work)

Examiner for Ph.D., M.Phil. and M.Sc

- Avinash lingham Institute for Home Science & Higher Education for Women, Coimbatore
- Allahabad Central University
- University of Hissar
- Utkal University, Bhubaneswar
- Berhampur University, Berhampur
- Punjab Agriculture University, Ludhiana

Board of Study Member for Food Science And Nutrition

- Allahabad Central University
- 2014-2016 in Kwaja Moindeen Chisti Urdu Arbi Parsi University
- VBS Purvanchal University, Jaunpur

Special Responsibilities in BBAU –

Acted as a member of Board of Management of the University between 2013-2015

RESEARCH PROJECT COMPLETED: 02

- Project of CREPRE (IMS, BHU) 2007-10
- UGC Sponsored Major Project on 'Traditionally locally available foods and associated knowledge system relating to health & Nutrition among tribal woman of Orissa (Kalahandi and Koraput District) ' 2011-13.

AWARDS

International Awards

- Awarded “**Edward Via Research Recognition Award**” on 5th annual Day by Virginia College of Osteopathic Medicines, Blacksburg, Virginia, USA on 3rd October, 2008. The award carried a citation and research grant of US \$500, the award was given away by the Nobel Laureate of Medicine (2007) prof. Olivier Smithies. USA

National Awards

- Awarded in '*Food Safety And Quality Control*' award by **Regional Food Research and Analysis Centre** in March 2016.
- Awarded for '*Visualization Of Issue and Prospects of Dr. Ambedkar for Women Empowerment in India*' by **BBAU, Lucknow** in March 2016.
- Awarded for '*Feminist Methodology in Social Science*' in March 2016 in **BBAU, Lucknow**
- Awarded for best '*Resource Person*' by **Khwaja Moinuddeen Chishti Urdu Arbi Parsi, University Lucknow 2015**.
- Awarded by Indian Institute of Sugarcane Research in Feb. 2014
- Awarded for '*Food Processing And Presenting Technique*' by BBAU Lucknow in Oct. 2014.
- Awarded on '*IISR Foundation Day*' by **Indian Institute of Sugarcane Research** in Feb. 2014.
- ***101st Indian Science Congress Award**, University of Jammu, 2014.
- **2nd U.P. Agricultural Science Congress Award** by UPCAR, CSAUAT, UPRKUMP, UPAAS, 2014.
- Awarded in 'Women Empowerment Towards Gender Equality' by BBAU, Lucknow in March 2013.

- **Gold Medal** for Annapurna Shukla & A.K.Vaish Oration Award by IRDA CON at KGMU Lucknow, 2012.
- **Mid Carrier Scientist Award** by Home Science Association of India, Lucknow Chapter, 2011 for best research paper.
- **Best paper award** by Home Science Association of India, Jabalpur chapter in Dec, 2007 for my research paper.
- Awarded ‘**Griha Vigyan Visharad**’ award by Kashi Vidwat Parishad, Varanasi in recognition of my contribution to the field of Home Science on 25th december, 2008.
- Awarded “**Best Citizen of India**” by IPH Foundation, New Delhi 2008.
- **Best paper award** by Home Science Association of India, Kolkata Chapter, January, 2010 for my research paper.
- Awarded ‘**Shiksha-Ratna Samman**’ by Pratik Sansthan, Varanasi for contribution to the field of Education
- UGC Career Research Award, 2005

PUBLISHED PAPERS

RESEARCH PAPERS: Total 237

International - 155

National - 82

Edited books: 18 Chapter in books:24

RG SCORE: 22.96

Citation: 234

RESEARCH PUBLICATIONS

International Publications [Prof. (Mrs.) Sunita Mishra] 2011-2016

1. Chandra S and **Mishra (2016)** Detection of heavy metals and elements via SEM technique in green leafy vegetables. International journal of food Science and Nutrition. Vol 1 (5):54-58.
Impact Factor: 5.14
2. **Mishra S and Mishra S (2016)** Sensory Analysis of Value-Added Product By Using Pearl Millet, Quinoa and Prepare Ready-To-Use Upma Mixes. International Journal of Current Research Vol 8 (8) : 35616-35619
Impact Factor: 6.2
3. Chandra S and **Mishra S (2016)** Health Risk Assessment of Heavy Metals (Pb, As.) for Humans via Consumption of Green Vegetables. International Journal of Current Research Vol 8(8):35598-35601.
Impact Factor: 6.2
4. Yadav T and **Mishra S (2016)** Nutritional Analysis of Value Added Gluten Free Biscuits by using Soybean, Rice and Corn flour. International Journal of Current Research. Vol 8(7):50.
Impact factor: 6.2
5. Yadav T and **Mishra S (2016)** Organoleptic evaluation of value added gluten free biscuits. International journal of Food Science & Nutrition. Vol 1(5):37-40.
Impact Factor:5.14

6. Singh D and **Mishra S (2016)** Enforcement of Sarva Shiksha Abhiyan A lead to uphold the supremacy of ISSN:0975-833X
7. Rai S and **Mishra S (2016)** Nutraceutical and functional foods: An approach to improve the Human Health. International Journal of Current Research. Vol 8(09): 38429-38436. ISSN: 0975-833X
8. Rathaur A and **Mishra S (2016)** Study on institutionalized and non-institutionalized elderly people. International Journal of Home Science. Vol2(3):77-79.
9. Mishra S and **Mishra S (2016)** Nutritional Analysis of Value-Added Product by Using Pearl Millet, Quinao And Prepare Ready-To-Use Upma Mixes. International journal of food Science and Nutrition. Vol 1(5):41-43
10. Srivastava N and **Mishra S (2016)** A study of life satisfaction among old age people of Lucknow (UP). International Journal of Current Research. Vol 8(6). ISSN:0975-833X
11. Rathaur A and **Mishra S (2016)** Psychological and emotional well being in non-institutionalized population. International Journal of Humanities and Social Science Research. Vol 10(16): 49-54.
Impact Factor : 5.22
12. Singh S and **Mishra S (2016)** Nutritional analysis of value added product of banana chips enriched with sugar powder, mint and tomato powder. International Journal of Current Research. Vol 8(8) :35620-35623.
ISSN: 0975-833X
13. Katheria N and **Mishra S (2016)** Comparative study on normal brown bread enriched with (barley and falxseed) brown bread for aged person. International Journal of Current Research. Vol 8(8) : 35607-35612.
ISSN: 0975-833X
14. Srivastava N and **Mishra S (2016)** Influence of types of Living on life satisfaction among elderly of Lucknow city. International Journal of Home Science 2(2): 277-279.
Impact Factor - 5.3
15. Tyagi N K and **Mishra S (2016)** Dual Burden of Malnutrition. International Journal of Current Research. Vol 8(8):37388-37393.
ISSN:0975-833X
16. Singh Sand **Mishra S (2016)** A study an interactive elementary education (3-6) with multimedia. International Journal of Home Science Vol:2(1): 214-215.
17. Singh Sand **Mishra S (2016)** Positive Influence of the multimedia in primary education International Journal of Indian Psychology. Vol 3(2):179-183 ISSN:2349-3429, Impact Factor: 6.3 **2015**.
18. Katheria N and **Mishra S (2016)** Nutritional Analysis Of Value Added Soup For The Cardiovascular Patient International Journal of Current Research 6.2.
19. P Verma and **Mishra S (2016)** Potential of Flaxseed in the reduction of LDL in hypercholesterolemic rats (25859-25862)International Journal of Science and Research ISSN:2395-04633.508.
20. K. Yadav, and **S Mishra (2016)** Healthcare Support Among Elderly Population, The International Journal of India Psychology, Volume 4, Issue 1, No. 74, Dip : 18.01.037/20160401, ISBN:978-1-365-45447-9.
21. K. Yadav, and **S Mishra (2016)** Government Policies and programme Guidelines for aged people, International journal of Home Sciences; 2(3):257-260.
22. K. Yadav, and **S Mishra (2016)** study about depression and stress among older people, National Journal of Multidisciplinary Research and Development, Volume 1; Issue4; September 2016; Page No. 07-11 ISSN:2455-9040.
23. R. Shree , and **S. Mishra, (2015)** A study about the role of digital multimedia among children (Pp:49-51), International Journal of Scientific Research, Vol. 1 issue 2 November ISSN No. 2277-8179.

24. A. Rais, and **S. Mishra, (2015)** Production of citric acid with different fruit wates by solid State Fermentation, International Journal of Science and Research.
25. **Mishra S** and Srivastava A (2015) To study the physicochemical properties of bael And Aloe Vera blended beverages International Journal of Science and Research Vol 4(9)642-645.
26. Katiyar S and **S. Mishra, (2015)** Common eating difficulties of mentally challenged children with their associated problem. International Journal for Social Studies. Vol 1(2): 19-24. ISSN:2324-8041 6.3
27. Mishra P and **Mishra S (2015)** Gender Inequality in Education among Adolescents. International Journal of Research. Vol 2(8):49-54.
28. Rathaur A and **Mishra S (2015)** Lifestyle Disease and well being in old age. Journal of Studies in management and planning. Vol 1(8): 46-53. ISSN : 2395-04635
29. Rathaur A, and **Mishra S (2015)** Gerontological adjustment of old people and their wellbeing. International Journal of Current Research. Vol 7(9):2033-20837.
30. Yadav K and **Mishra S (2015)** Parental Involvement among visually handicapped children in Lucknow City International Journal of Science and Research. Vol 4(8):5-8 Impact Factor 4.438
31. Yadav K and **Mishra S (2015)** Parents Attitude to Inclusion of Visually Handicapped Children. International Journal of Research Vol 2(8):33-42. ISSN: 2348-6848
32. Sharma M and **Mishra S (2015)** Maternal Risk Factors for Low birth Weight : A hospital based study in Lucknow. Journal of Medical Science And Clinical Research. Vol 3(3): 4761-4769.
33. Sharma M and **Mishra S (2015)** Determinants of low birth weight and relationship between maternal nutrition and birth weight of infants, Indian Journal of Preventive & Social Medicine.

34. Verma Pooja and **Mishra S (2016)** Potential of Flaxseed in the reduction of LDL in hyper cholesterolemic rats (25859-25862) International Journal of Preventive & Social Medicine.
35. Singh Shilpa and **Mishra S (2015)** A Study About The Role of Digital Multimedia Among Preschool Children International Journal of Science and Research ISSN:2319-7064 6.391
36. A. Rais and **Mishra S (2015)** Production of Citric Acid with different fruit wastes by Solid state fermentation., R Afia, M Sunita, [International Journal of Science and Research.
37. Yadav Kiran and **Mishra S (2015)** to assess home, health and social adjustment in college going students across gender: A comparative study of Lucknow city. (pp:90-94) international journal of applied social sciences
38. Roopshree and **Mishra S (2015)** study about the role of digital multimedia Among Preschool children (pp: 49-51) International Journal of Scientific Research Vol 1 issue II November 2015 ISSN No. 2277-8179.
39. Pandey Suverna & **Mishra Sunita (2014)** Effect of Health and Maternal Education on Social Skills of Preschoolers International Journal of Advanced Scientific and Technical Research. 3(4): 572-577 [ISSN - 2249-9954] Impact Factor – 2.9
40. Verma Ruchi & **Mishra Sunita (2014)** Effect of Animation on Behaviour of students from Government and Private Schools between the Age Group of 7-11 Year. International Journal of Advanced Scientific and Technical Research. 3(4): 617-623 [ISSN - 2249-9954] Impact Factor – 2.9
41. Singh Annu & **Mishra Sunita (2014)** Adolescent Involvement in Extracurricular Activities and Positive Development: A Comparative Study between Government and Private Schools' Students. European Academic Research. 2(3): 3255-3268 [ISSN - 2286-4822] Impact Factor - 3.1
42. **Mishra Sunita (2014)** Use of Nanotechnology & Nano Sciences in Food Packaging. International Journal of Advance Scientific & Technical Research. 395-406. [ISSN- 2249-9954] Impact Factor - 2.9
43. Rai Avantika & **Mishra Sunita (2014)** Anxiety Level of Adolescents Girls during examination in Different attributes. Advance Research in Social Science. 5(1). 23-26 [ISSN- 2231-6418].
44. Pandey Suverna & **Mishra Sunita (2014)** Effect of Maternal Education on Child Stimulations. International Journal of Science and Research (IJSR). 3(6): 1333-1335[ISSN - 2319-7064]

- Impact Factor - 3.358
45. Anita & **Mishra Sunita (2014)** Different types of Creative activities organized in school Government School & Private School. *International Journal of Science and Research (IJSR)*. 3(6): 2324-2326 [ISSN - 2319-7064] Impact Factor - 3.358
 46. Km. Reena & **Mishra Sunita (2014)** Importance of Nutrients taken by the age Group (3-6 years). *International Journal of Science and Research (IJSR)*. 3(6): 1821-1822 [ISSN - 2319-7064] Impact Factor - 3.358
 47. Priyanka & **Mishra Sunita (2014)** Difference in Life Satisfaction of Elderly people in Urban & Semi – Urban Families of Lucknow. *IOSR Journal of Humanities and Social Sciences*. 28-32. [ISSN – 2279- 0845] Impact Factor – 1.5
 48. Rai Avantika & **Mishra Sunita (2014)** To Study Level of Examination Anxiety due to Educational Performance. *International Journal of Advance Scientific & Technical Research*. 88- 90. [ISSN- 2249-9954] Impact Factor - 2.9
 49. Saxena Sweta & **Mishra Sunita (2014)** Malnutrition among School Children of Lucknow. *International Journal of Science and Research (IJSR)*. 3(6): 1726-1729 [ISSN - 2319-7064] Impact Factor - 3.358
 50. **Mishra Sunita** & Verma Pooja (2014) Antioxidants & Disease Prevention. *International Journal of Advance Scientific & Technical Research*.903-913. [ISSN- 2249-9954] Impact Factor - 2.9
 51. Sharma Megha & **Mishra Sunita (2014)** Effects of Maternal Health and Nutrition on Birth Weight of Infant. *International Journal of Science and Research (IJSR)*. 3(6): 855- 858[ISSN - 2319-7064] Impact Factor - 3.358
 52. Singh Annu & **Mishra Sunita (2014)** The Relationship between Adolescents’ Participation in Extracurricular Activities and Their Academic Outcomes. *International Journal of Science and Research (IJSR)*. 3(6): 1340-1341[ISSN - 2319-7064] Impact Factor - 3.358
 53. Singh Monika & **Mishra Sunita (2014)** Fast Food Consumption Pattern and Obesity among School Going (9-13 Year) in Lucknow District. *International Journal of Science and Research (IJSR)*. 3(6): 1672-1674[ISSN - 2319-7064] Impact Factor - 3.358
 54. Singh Shruti & **Mishra Sunita (2014)** Optimism – Pessimism among Adolescents – A Gender Based Study. *International Journal of Science and Research (IJSR)*. 3(6): 1530-1532[ISSN - 2319-7064] Impact Factor - 3.358
 55. Verma Pooja & **Mishra Sunita (2014)** To Study the Different Food Product Contamination and Food Handling Practices in 85 House Hold in Lucknow City. *International Journal of Science and Research (IJSR)*. 3(7): 6-8 [ISSN - 2319-7064] Impact Factor - 3.358
 56. Verma Ruchi & **Mishra Sunita (2014)** Effect of Animation on Concept Formation of Students from Government and Private Schools between the Age Group of 7-11 Year. *International Journal of Science and Research (IJSR)*. 3(6): 1178-1181[ISSN - 2319-7064] Impact Factor - 3.358
 57. Singh Shruti, Verma Pooja & **Mishra Sunita (2013)** Potential of Herbs in Prevention of Obesity. *International Journal of Health Science & Research*. 1(2):159- 167 [ISSN – 2249-9571] Impact Factor – 3.5
 58. Arya Geeta & **Mishra Sunita (2013)** Effect of Junk Food & Beverages on Adolescent’s Health – A Review Article. *IOSR Journal of Nursing & Health Science*. 2(3): 26-32 [ISSN – 2320-1940] Impact Factor – 1.3
 59. Sharma Megha & **Mishra Sunita (2013)** Maternal Risk Factors & Consequences of Low Birth Weight in Infants. *IOSR Journal of Humanities and Social Sciences*.2(4): 39-45 [ISSN – 2279-0845] Impact Factor – 1.5

60. Sharma Megha & **Mishra Sunita (2013)** Effect of Zinc Deficiency on Growth & Morbidity in Infants. IOSR Journal of Nursing & Health Science. 2(5):22-25 [ISSN – 2320-1940] Impact Factor – 1.3
61. **Mishra Sunita** & Verma Pooja (2013) Flax seed – Bioactive Compounds & Health Significance. IOSR Journal of Humanities and Social Sciences. 2(5): 46-50 [ISSN – 2279-0845] Impact Factor – 1.5
62. Mishra Shobhana & **Mishra Sunita(2013)** Impact of E-education on School going Children. International Journal of Humanities and Social Science Invention. 3(5): 58-61 [ISSN – 2319-7714] Impact factor- 1.7
63. Singh Annu & **Mishra Sunita (2013)** Impact of Extracurricular Activities on Students in Private School of Lucknow District International Journal of Humanities and Social Science Invention. 3(5): 92-94 [ISSN – 2319-7714] Impact factor- 1.7
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EDITORIALS:

- **Chief Editor** of Quarterly international Referred Food Science and Research Journal in Hind Institute of Agricultural Society , Muzzafar Nagar, Uttar Pradesh.
- **Chief Editor** Nutritional Trends in Family and Community Studies” Shree Publication, New Delhi, 2011.
- **Chief Editor** “Contemporary Approach in Family and Community Studies” Shree Publication, New Delhi, 2011

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Work details	College/Faculty	University	Period	
Hostel Warden	Berhampur Women's College, Orissa.	Orisha	1991	1993
Hostel Warden	Shailabala Women's College,	Utkal University	1993	1996
Hostel Warden	Hostel Kaveri	B.H.U. Varanasi	2004	2005
Administrative Warden	SNPG/Gargi Hostel	B.H.U.	2005	2008

Examination	M.M.V./V.K.M	B.H.U.	1998	2008
Head of Deptt.	HD & FS, School for Home Science	BBAU, LKO	2008	2016 Continuing
Head of Deptt.	Food Science & Technology	BBAU, LKO	2013	2016 Continuing
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